

Oxford Mail Race Distances and Times			
Race	Age groups	Maximum distance	Start time
0	U9 Girls and Boys (Club vest not required)	1200M	9.55
1	U11 Girls (Club vest not required)	1500M	10.00
2	U11 Boys (Club vest not required)	1500M	10.10
3	U13 Girls	2500M	10.20
4	U13 Boys	2500M	10.30
5	U15/17 Girls	3500M	10.45
6	U15/17 Boys	4800M	11.00
7	U20/Senior/Veteran Women	6500M	11.20
8	U20/Senior/Veteran Men	8500M	12.00

Oxfordmail web site

www.oxonxc.org.uk